ENTRY FORM

Name:

In-Person or Virtual • One form per person please

Team (if applicable):	
Address:	
City:State:	_ Zip:
DOB: Age on	Run Day:
Phone:	☐ Male ☐ Femal
Emergency Contact Phone:	
Email:	
Register me for: ☐ 5K ☐ 1 Mile Walk ☐ 1	M under 12 Run
■ Virtual Runner/Walker (Join us pay \$35 entry fee by 4/3 & receive	
T-Shirt Size: Adult S M L XL	XXL XXXL
Child S M L □ No	T-shirt Needed
To guarantee your t-shirt, entry must be receive	ed by 4/3/26.
Entry Fee Enclosed: \$	
Please accept my additional donation of: \$	
I cannot run or walk, but would like to donate \$ _ to the MSC Sisters.	
Please make checks payable to MSC Sist	
MSC Advancement, 2511 Moyers Lane, Read WAIVER: I understand that running a 5k race is potentially hazard "holy ground," and that I should not enter unless I am medically able at I also acknowledge that the course is a bit hilly and that some of the fo I assume the risk of running on it. I also assume all other risks associate including but not limited to falls, contact with other participants, the effonditions of the course. Knowing these facts and in consideration of and entry fee, I hereby for myself, my heirs, executers, administrators, claim on my behalf, covenant not to sue, and waive, release and discher the Nost Sacred Heart of Jesus and all other organizations or individe associated in any way with this race, from any or all claims or liability for property damage of any kind or nature whatsoever arising out of, or my participation in this event. This waiver extends to all claims of every foreseen or unforeseen, known or unknown. By entering this race, I am to the Missionary Sisters of the Most Sacred Heart of Jesus and its affilior likenesses of me secured at the event in any way they see fit without or compensation. I HAVE READ AND UNDERSTAND THIS WAIVER AN legal guardian signs.)	bus, even when run on ond properly trained. oting may be poor, and d with running this race fects of weather, and the rour acceptance of my entry or anyone else who might rge, the Missionary Sisters luals directly or indirectly or death, personal injury rin the course of, y kind of nature whatsoever granting permission ates to use any pictures t my review, restriction,
Signature:	
Print Name:	
Date:	

ENTRY INFORMATION

\$30 Registration Fee due by 4/15/26 • \$35 Fee Thereafter

Register/Sponsor by mail by returning the Entry Form/Sponsor Opps Panel or Register/Sponsor online at MSCreading.org.



You Must Register by 4/3/26 to Guarantee Your Nun Run T-shirt!

Where to be When:

HGA Regional School

3125 Kutztown Rd. • Reading, PA 19605

April 18, 2026

Registration opens at 8:30AM

and closes at 9:50AM

START TIMES:

Youth Run - 9:40AM 5K - 10:00am 1M Walk - 10:05AM



Create a Team

to increase your FUN! Team members simply fill in their team name on the entry forms, and we will announce all teams at the event.

Pre- and Post-Race Fun & Raffles!



The Missionary Sisters of the Most Sacred Heart of Jesus (MSC) are compelled to share the Heart of Christ with people everywhere. Our 700+ Sisters are present in 21 countries. U.S. Province missions include Native American ministry, circus ministry, healthcare, prison ministry, education and pastoral care, to name a few. Thank you for enabling us to continue this work and to meet our modest needs.

17TH ANNUAL



SATURDAY APRIL 18, 2026

HOLY GUARDIAN ANGELS REGIONAL SCHOOL

3125 Kutztown Rd. • Reading, PA 19605

VIRTUAL & LIVE OPTIONS





Hosted by the MSC Sisters in support of the mission and lives of the Missionary Sisters of the Most Sacred Heart of Jesus MSCreading.org Join the FUN at the

DETAILS: Taking place in the scenic Muhlenberg area, the all-macadam course winds through the grounds of Holy Guardian Angels Regional School and Gethsemane Cemetery. The 5K course does include

inclines. Start and Finish are located at HGA Regional School. Families encouraged; strollers permitted; and pets welcome. 5K timing provided by Pretzel City Sports.

ALL REGISTRANTS RECEIVE:

- Custom Nun Run T-Shirt (quaranteed only if registered by 4/3)
- Post-race Water and Snack
- Free parking and restrooms on grounds

WHETHER YOU RUN, WALK OR WATCH:

ENJOY music & friends! **PLAY** to win our basket raffle! **INTERACT** with our MSC Sisters! CHEER on your favorite runners/walkers!





USED SHOES WANTED!

Bring along your used footwear & we will donate

17th Annual MSC Sisters NUN RUN

COLLECT SPONSORS to make a bigger impact!

Ask friends and family to sponsor your run or walk. Fill an envelope with their donations and include a list of their names, addresses, and donation amounts so we can thank them properly. Offer the list and the money you've raised at the registration tables. Please make checks payable to MSC Sisters.

AWARDS

5K AWARDS

Overall Male & Female - Masters 60+ Overall Male & Female (No prize duplications)

Top 3 Female & Top 3 Male 5K Runners in the following age brackets will be recognized:

18 & Under • 19-29 • 30-39 • 40-49 50-59 • 60-69 • 70-79 • 80+

YOUTH RUN AWARDS

9:40 AM Start • All Runners (under 12) Receive a Prize

SPONSORHIP OPPORTUNITIES

To Sponsor Nun Run 2026, mail the form below or complete online at MSCreading.org.

DEADLINES: GUARANTEED T-SHIRTS-APRIL 3 • SPONSORSHIPS-MARCH 27

GOLD SPONSOR - \$1,000 RECEIPT BY 3/28/26

Receive: Company/Family LOGO printed on our Nun Run T-shirts

- · Recognition on the Sisters' website and in their fall newsletter
- Free run/walk registration for 4

SILVER SPONSOR - \$500 RECEIPT BY 3/28/26

Receive: Family/Company LOGO printed on our Nun Run T-shirts

- Recognition on the Sisters' website and in their fall newsletter
- Free run/walk registration for 2

BRONZE SPONSOR - \$200 (CASH OR IN-KIND) RECEIPT BY 3/28/26

Receive: Company/Family name listed	on our Nun Run T-shirts.
Name	
Email	
Phone	Please call me
Listing should read:	
I (Gold/Silver Sponsor) have : ☐ included ☐ emailed camera-rea	dy artwork.
PatronI cannot attend but want to spor	nsor my favorite MSC Nun(s)
Name	
Email	
Phone	

To become a Nun Run Sponsor or Patron...

Sister's Name(s)

Sponsorship Amount \$

Return this form and your check to MSC Mission Advancement, 2811 Movers Lane, Reading, PA 19605. (Please make checks payable to MSC Sisters.) Register online to use your credit card at MSCreading.org or contact Carrie Whitmoyer, MSC Mission Advancement Director at

