

Province Center
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January 29, 1994

"Lord, you are near and all your ways are true."
(Antiphon for morning prayers)

Dear Sisters,

This morning around 4:30 A.M., Sister Frieda experienced the nearness of God as He unexpectedly called her home. Sister had not been feeling well the past few days so she was moved to the Marian wing. She was resting comfortably and her vital signs were satisfactory. So it was indeed a surprise when the sister who was sitting with her left the room and returned five minutes later to find that Sister had died. The doctor said that she may have had a ruptured diverticuli.



Sister M. Frieda (Friedeswida) - Barbara Breundl
Born: February 4, 1905 in Schwarzenbach, Germany
First Profession: May 7, 1925
Died: January 29, 1994 in Reading, PA

Sister Frieda came to the United States as a novice in 1924. Her first ministry, for 10 years, was that of teacher. She taught grades one through four, serving at Our Lady of Hungary, Northampton and Holy Family, Nazareth. Sister then went into nurses' training at Sacred Heart School in Allentown. This marked the beginning of a long nursing ministry. She worked as nursing supervisor, director of the school of practical nursing, and director of nursing services in our hospitals in Allentown, Norristown, Pottsville, and Athens. She also used her nursing skills in long-term care in Limeport, Wellsburg, Wedron, and St. Michael's.

Sister retired to St. Michael's in 1983 and served for a time as sacristan in the infirmary. Then in 1986 she joined Holy Family Center. Because of the aging process, her mental functions were diminishing. However, she continued to carry out her role as "supervisor" by visiting the sisters and checking on their care. She would always want to make sure that there was enough nursing staff on the evening and night shifts. With that assurance, she was able to sleep. This innate sense that she had to care for

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others was part of her life-long concern. She herself gave excellent care to all patients. By word, but especially by her example, she taught her staff to give the same compassionate, loving care that she gave.

Because of extreme arthritic pain in her spine, she found it difficult to be in a sitting position for long so she was often seen walking up and down the corridors, carrying her prayer books or rosary. Just a few days before she died, she told one of the sisters, "See, I am praying the rosary for the whole world. I'm praying for peace in the world and in families." When someone prayed with her the afternoon and evening before her death, Sister Frieda prayed along with her. She repeated short prayers, saying most fervently, "Most Sacred Heart of Jesus, I place my trust in you." Then she prayed the Hail Mary with great love and devotion. Mary took her home on Saturday. Sister Frieda was ready.

We are very grateful to Sister Frieda for her loving dedication to others and for her prayerful life. She spread out to all the world the love of Jesus, the call of a Missionary Sister of the Sacred Heart.

The Mass of Resurrection will be celebrated for Sister on Monday, January 31, 1994, at 3:30 P.M. After that, she will be laid to rest in our convent cemetery.

United in the Heart of Jesus,

Sister Teresita, MSC